

Cuse Corona Care PDF

This document is the PDF version of the resources listed on cusecoronacare.com.

Business

Covid19 Small Business Relief

Our nation's small businesses are facing an unprecedented economic disruption due to the Coronavirus (COVID-19) outbreak. On Friday, March 27, 2020, the President signed into law the CARES Act, which contains \$376 billion in relief for American workers and small businesses.

Organization: US Small Business Administration

Contact: 315.435.4499

Address: NA

Website: <https://www.sba.gov/funding-programs/loans/coronavirus-relief-options>

Mailchimp Announces \$10M Price Relief Fund to Support Small Business Customers

We're giving \$10 million in Mailchimp service to our small business customers who want to continue using Mailchimp's platform but need some financial support during the COVID-19 crisis. Current customers who have 25 or fewer employees in categories including restaurants and hospitality; brick and mortar retail; travel and leisure; entertainment; health, beauty, and wellness; and other select Main Street businesses are eligible for up to three months of free Mailchimp service. Eligible small business customers can fill out this [form](#) to request funding.

Organization: Mail Chimp

Contact: NA

Address: NA

Website: <https://mailchimp.com/covid19-statement/>

Please continue to share cusecoronacare.com with families in need. Email yahkeef@cusecoronacare.com if you have questions, or suggestions.

WISE Women's Business Center

Hosted by The Whitman School of Management at Syracuse University and funded in part by the U.S. SBA, the WISE WBC is one of 110 WBCs across the nation. WISE WBC offers free one-on-one business counseling and targeted education and training resources to support women entrepreneurs with goals to start or expand their business. To support businesses impacted COVID-19, WISE WBC offers training on topics such as small business strategy, applying for federal resources to access capital and promote business resiliency, and the management and practice of remote customer service.

Organization: WISE Women's Business Center

Contact: 3154438634

Address: NA

Website: wisecenter.org

Free Business Expense Audit

For no-cost, our industry-leading auditors will review and analyze bills paid by businesses and nonprofits. We verify they are being billed accurately and cost-efficiently for waste, telecommunications, and utilities. We uncover and correct errors and overcharges. We are paid a percentage of the money we return to our clients.

Organization: Integrity Cost Consulting

Contact: 3159359379

Address: NA

Website: IntegrityCostConsulting.com

Black Owned Business Relief Fund

SheaMoisture has announced, under its long-established Community Commerce business model, a \$1 Million Fund to support entrepreneurs of color and small businesses. The grant intends to show the power of Black-owned businesses to help communities, while also hoping to minimize the financial disruptions that many are experiencing from the current global crisis.

Organization: Shea Moisture

Contact: NA

Address: NA

Website: <https://www.sheamoisturefund.com/apply-1>

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Childcare

COVID-19: Information for Families with Children

For those parents who are looking for extra information, activities, programs, and social-emotional learning (SEL) resources, Carebridge has prepared a list of programs and courses available from online sources. Some of these recommendations are paid programs for those parents looking to invest in more long-term support.

Organization: Syracuse University

Contact: NA

Address: NA

Website:

<https://hr.syr.edu/covid-19-information/covid-19-resources-by-carebridge/covid-19-information-for-families-with-children>

Child Care Assistance

Parent Services Team provides referrals to New York State-regulated child care providers and programs in Onondaga and Cayuga Counties

Organization: Child Care Solutions

Contact: 315-446-2010

Address: "Syracuse Office 6724 Thompson Rd. Syracuse, NY 13211"

Website: <https://childcaresolutionscny.org/>

Education

Take Home Learning Sheets

The following home academic activity sheets are extensions of the learning taking place in classrooms. Daily Learning Menus are intended to help students set goals and organize their learning while working from home. Click on the website link then select the grade level.

Please continue to share cusecoronacare.com with families in need. Email yahkeef@cusecoronacare.com if you have questions, or suggestions.

Organization: Syracuse City School District

Contact: 315.435.4499 Jaime Alicea, Superintendent

Address: NA

Website: <http://www.syracusecityschools.com/districtpage.cfm?pageid=11145>

Free Developmental Games for Ages 0 - 8

WCNY is offering academic programming through their television stations throughout the District's closure.

Organization: WCNY

Contact: NA

Address:

Website: <http://www.syracusecityschools.com/districtpage.cfm?pageid=11164>

Free Accredited Online College Courses

Bright by Text is a free service featuring activities, games, and resources for people who care for young children (newborn to age 8). Parents and guardians can text the word TRUSTED to 274448 to get started. They will receive 2 to 8 text messages per week, and each message includes a link to a landing page with more detail, short modeling videos, and links to related resources.

Organization: WCNY

Contact: NA

Address: NA

Website: <http://www.wcny.org/brightbytext/>

On Point College Student Support

Phone/online service In an effort to protect the health of our students, staff, and the wider community, On Point for College's offices are closed. However, On Point advisors and staff are working from home, and are still available to assist students during our regular business hours, 9 AM to 5 PM, Monday through Friday, with late office hours for Syracuse on Wednesdays until 7 PM.

Organization: On Point

Contact: 315.362.5003

Please continue to share cusecoronacare.com with families in need. Email yahkeef@cusecoronacare.com if you have questions, or suggestions.

Address: NA

Website: <https://www.onpointforcollege.org/covid-19/>

Free Accredited Online College Courses

If your university, school, or workplace education program has been affected by COVID-19, Sophia is here to help. We're offering free access to our ACE-recommended courses for college credit until July 31, 2020.

Organization: Sophia.org

Contact: NA

Address: NA

Website: <https://www.sophia.org/online-courses-for-college-credit>

Employment

Remote Internships/jobs

While remote internships have existed for some time, they're now more popular and needed than ever, when multiple states are under "Stay-at-Home" orders and millions of students are home from college. COVINTERN connects employers with positions and programs to fill with students from top universities with available time and a desire to learn.

Organization: Covintern.com

Contact: NA

Address: NA

Website: <https://covintern.com/jobs/>

Essential Job Opportunities

There is a high demand for essential jobs as a result of COVID-19. CNY Works has created an aggregated listing of real-time, in-demand job opportunities that businesses can post to and candidates can view virtually.

Organization: CNY Works

Contact: (315) 473-8250

Address: 960 James St. 1st Floor. Syracuse, NY 13203

Please continue to share cusecoronacare.com with families in need. Email yahkeef@cusecoronacare.com if you have questions, or suggestions.

Website: <http://www.cnyworks.com/>

Remote Jobs

Find remote jobs and connect with companies that offer you the freedom to work remotely from home or places around the world.

Organization: NoDesk

Contact: NA

Address: NA

Website: <https://nodesk.co/remote-jobs/>

Onondaga Businesses Hiring

Onondaga County has received information from some local employers who are expanding hiring at this time. This list is subject to change, but the following companies and web sites have career and application information available.

Organization: Onondaga County Office of Economic Development

Contact: 315-435-3770

Address: 333 W. Washington Street, Suite 130 Syracuse, NY 13202

Website: <https://www.ongoved.com/jobs>

Finance

\$1500 Home Repair Grant

Eligible homeowners can apply for \$1,500 through Home HeadQuarters's Emergency Home Repair Grant Program, made possible by the COVID-19 Community Support Fund.

For an application: call 315-474-1939; email info@homehq.org or visit the website.

Organization: Home Head Quarters

Contact: 315-474-1939

Address: NA

Website: <https://www.homehq.org/improving-your-home>

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Food

FREE Bagged Breakfast & Lunch Pick - Up Sites

While schools are closed, breakfast and lunch will be available for pick-up to all school aged children in the City of Syracuse without charge at the sites below (regardless if they are SCSD students).

Organization: Syracuse City School District

Contact: 315.435.4499

Address: Multiple

Website: <http://www.syracusecityschools.com/districtpage.cfm?pageid=11151>

Free Kids Meal From Wings Over Syracuse

If a school closure or other situation is preventing your child from being fed, please count on us and bring them to our restaurants. We will feed them for free.*

Organization: Wings Over Syracuse

Contact: NA

Address: Multiple

Website:

<https://www.facebook.com/eatwingsover/photos/rpp.146240495982481/577611819512011/?type=3&theater>

List of Restaurants Open for Delivery/Takeout

Syracuse.com has provided a list of restaurants that are still open for delivery/takeout.

Organization: Syracuse.com

Contact: NA

Address: NA

Website:

<https://www.syracuse.com/coronavirus/2020/03/updated-list-which-cny-restaurants-are-open-for-takeout-or-delivery.html>

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Free Food Pantry

The South Campus Food Pantry at the Carriage House, next to the Skybarn, will be open on Tuesdays, noon – 4 p.m., and Thursdays, 3 – 7 p.m., to provide food and personal care items at no cost for students continuing to remain on or near campus through the remainder of the semester. In alignment with good health practices, students will be provided one bag at the pantry (please do not bring your own) and the pantry will be open to one user at a time. Parking is available outside the Carriage House or visit the Campus Shuttle schedule for other transportation options. Questions about the pantry can be directed to Director of Community Engagement Syeisha Byrd at 315.706.4526 or smbyrd@syr.edu.

Organization: Hendricks Chapel SU

Contact: 315.706.4526

Address: 161 Farm Acre Road, Syracuse N.Y.

Website:

http://hendricks.syr.edu/services-and-initiatives/COVID-19%20Response.html#Services_and_Support_for_Students

Food for the Community

Our Syracuse Emergency Shelter and Day Center remain open 24 hours a day. We are actively screening our guests for symptoms of the coronavirus, and are referring individuals for testing, if needed. The Clarence L. Jordan Food Service Center is still preparing three meals a day, seven days a week to ANYONE in need in the community. The dining room remains open to our shelter residents, with tables reconfigured for individual dining, and we are staggering service to include no more than 50 people at a time. Take-out meals are available for the community at-large. Additionally, we are prepared to expand services, if we are called upon to prepare meals for the elderly and homebound, who are too vulnerable to venture in public.

Organization: Rescue Mission

Contact: (315) 472-6251

Address: "155 Gifford Street Syracuse, New York 13202"

Website: <https://rescuemissionalliance.org/coronavirus-impact/>

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Free Big Mike's Market Pizza

Big Mike's Market in Syracuse's Eastwood neighborhood will serve free pizza to the homeless or anyone else in need three times a day.

Organization: Big Mike's Market

Contact: NA

Address: 3000 James st Syracuse, New York 13206

Website:

https://www.facebook.com/lindsey.coello/posts/10102628440935375?__tn__=-R

Free Just-1-Bite Too

In North Syracuse will offer free breakfast and lunch to children, starting March 23, or when North Syracuse schools are set to close. The diner is open from 7 a.m. to 2 p.m. Saturday to Tuesday and 7 a.m. to 7 p.m. Wednesday to Friday.

Organization: Just-1-Bite Too

Contact: (315) 458-5095

Address: 304 South Main St North Syracuse, New York 13212

Website: <https://www.facebook.com/justonebitetoo/>

Free Gracie's Kitchen

Will serve breakfast and lunch Monday to Friday to any child in need.

Organization: Gracie's Kitchen

Contact: (315) 299-7078

Address: 527 Charles, Solvay 13209

Website:

https://www.facebook.com/permalink.php?story_fbid=1332115736984441&id=773570062839014&__tn__=-R

Free Nestico's Kids Meals

Diner in Fairmount will serve free kid's meals to children in need Monday to Friday from 11 a.m. to 2 p.m.

Organization: Nestico's Too

Contact: 315-487-5864

Please continue to share cusecoronacare.com with families in need. Email yahkeef@cusecoronacare.com if you have questions, or suggestions.

Address: 4105 Genesee St Syracuse, NY 13219

Website: <https://www.nesticostoo.net/>

Free Trappers II Pizza & Pub

In Minoa will serve a free pizza lunch to students.

Organization: Trappers II Pizza & Pub

Contact: (315) 656-7777

Address: 101 N Main St Minoa, New York 13116

Website:

<https://www.facebook.com/TrappersIIPizzaPub/photos/a.10152356729814937/10159543935389937/?type=3&theater>

Free Ruston's Diner

In Jamesville is offering a free kids meal with a beverage to any student until school is back in session. The offer is available Monday to Friday for breakfast and lunch from 5 a.m. to 2 p.m.

Organization: Rescue Mission

Contact: (315) 469-1200

Address: 6407 Rock Cut Rd, Jamesville, NY 13078, US

Website: <https://rustonsdiner.com/>

Free A La Mode Cafe Lunches

In Syracuse is offering free bagged lunches to students from 11 a.m. to 1 p.m. while schools are closed. Call (315) 446-6716 to reserve a lunch, but walk-ins are accepted.

Organization: A La Mode Cafe & Catering

Contact: (315) 446-6716

Address: 331 Nottingham Rd. Syracuse, NY 13210

Website: <https://www.alamodecafeandcatering.com/>

Free Chickadees

In Cicero is serving food to anyone in need and charging whatever the diner can afford. Kids meals are free.

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Organization: The Chickadee Human Eatery
Contact: (315) 699-7044
Address: "155 Gifford Street Syracuse, New York 13202"
Website: <https://www.facebook.com/ChickadeeEatery/>

Free Sinbad Restaurant Lunches

In Syracuse is serving free lunches to all families daily from 11:30 a.m. to 2 p.m.

Organization: Sinbad Restaurant
Contact: (315) 565-5655
Address: 2727 James Street Syracuse, New York 13206
Website:
<https://www.facebook.com/SinbadSweet/photos/a.1896734077211872/2518242418394365/?type=3&theater>

Free JOA's Lunch Pizza

In Central Square will serve a free pizza lunch for students Monday to Friday.
Gluten-free options are available.

Organization: JOA's by the Bay
Contact: (315) 668-5554
Address: 1032 Co Rt 37 Central Square, New York 13036
Website: https://www.facebook.com/pizza13036/posts/135156324677136?__tn__=-R

Meals on Wheels

One hot meal and one cold meal delivered between 11:00am and 1:00pm Monday through Friday. Eligibility Criteria: Recipients are homebound and unable to cook, shop for, or plan nutritious meals, but are otherwise able to live independently. Assistance may be available for those age 60 or older; receiving Supplemental Security Income (SSI); or through other managed care insurances. We also accept SNAP (food stamps). Areas Served: Syracuse, Nedrow, Onondaga Nation, Jordan-Elbridge, and Skaneateles.

Organization: Meals on Wheels
Contact: 315.478.5948
Address: 300 Burt Street Syracuse, New York 13202
Website: <http://meals.org/get-meals/>

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Health

Automated Symptom Assessment & Testing Info

COVID-19, also known as coronavirus, is a respiratory disease that is affecting the world and spreads rapidly. If you want to assess your risk quickly, our online tool will take you through the questions asked on the hotlines. If you develop a fever, and symptoms of respiratory illness, such as cough or shortness of breath, or have contact with someone who has traveled and is showing symptoms, please contact your primary care provider and describe your symptoms. If you don't have a doctor use our chatbot for next steps. It is not advised to go to the emergency room first. If you develop a fever, and symptoms of respiratory illness, such as cough or shortness of breath, or have contact with someone who has traveled and is showing symptoms, please contact your primary care provider and describe your symptoms. If you don't have a doctor use our chatbot for next steps. It is not advised to go to the emergency room first.

Organization: Upstate Medical

Contact: 315-464-3979

Address: NA

Website: <https://www.upstate.edu/emergencymgt/trending/coronavirus/>

Domestic Violence, Sexual Assault, and Elder Abuse Shelter, Advocacy and Clinical Services

We will provide most of our advocacy and clinical services remotely through phone or video options.

Organization: Vera House

Contact: 315.468.3260 if you need us, anytime day or night.

Address: 723 James Street, Syracuse

Website:

<https://www.verahouse.org/news/news-story/vera-house-coronavirus-response/>

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Free Healthcare & Insurance

You and your family have many low cost, quality health insurance options available through the Individual Marketplace. You can quickly compare health plan options and apply for assistance that could lower the cost of your health coverage. You may also qualify for health care coverage from Medicaid or Child Health Plus through the Marketplace. Anyone can apply here.

Organization: New York State

Contact: 315.475.2430

Address: NA

Website: <https://nystateofhealth.ny.gov/>

Crisis Hotline

Contact Community Services runs a 24-hour, 7-day a week telephone counseling, suicide prevention, crisis counseling, information and referral call center.

Organization: Contact Community Services

Contact: 315-251-0600

Address: 6311 Court Street Road, Syracuse N.Y. 13057

Website: <https://www.contactsyracuse.org/>

National Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Organization: National Suicide Prevention Lifeline

Contact: 1-800-273-8255

Address: 6311 Court Street Road, Syracuse N.Y. 13057

Website: <https://suicidepreventionlifeline.org/>

Mental Health Crisis Intervention & Housing

Life can pull you in many directions, making it hard to know where to turn. It is sometimes difficult to recognize when you or a family member needs additional support. If you or a loved one has recently felt low, felt overwhelmed, or experienced a

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challenging life event—you are not alone. Our mental and behavioral health crisis services are here to help.

Organization: Liberty Resources

Contact: (315) 345-4239

Address: 1045 James Street, Syracuse, New York 13203

Website:

<https://www.liberty-resources.org/mobile-outreach-residential-respite-services/>

Legal

Free Legal Assistance

Court is still open to hear emergency custody matters, orders of protection and emergency child protective proceedings. If you are seeking an order of protection, have an urgent, emergency custody, visitation, or child protective matter and you already have an open file with us, please reach out to your attorney directly. If you are not already assigned an attorney from our office and are seeking our assistance, please call us at 315-218-0141.

Organization: Hiscock Legal Aid

Contact: 315-218-0141

Address: NA

Website: <https://hlalaw.org/operational-changes-in-response-to-public-health-situation/>

Free Unemployment Legal Advice

If you have been laid off from work because of the coronavirus quarantine, Legal Services of Central New York can help. You can call LSCNY at 315-703-6500 or visit lscny.org

Organization: Hiscock Legal Aid

Contact: 315-703-6500

Address: "221 South Warren Street, Ste. 300 Syracuse, NY 13202"

Website: <http://lscny.org/>

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Utilities

Free Internet for 60 Days

We're committed to offering special discounts to households affected by this virus. Beginning Monday, March 16, we'll offer two free months of internet and WiFi services to new customers in households with Pre-K to 12 or college students who need remote education. This discount will be applied as a credit for your first two months of internet services. We'll waive any installation or prepayment fees to help get you started.

Organization: Spectrum

Contact: 866-874-2389

Address: 815 Erie Blvd E

Website:

<https://www.spectrum.net/support/internet/coronavirus-covid-19-educational-internet-offer>

Free Internet for Low Income Families

We'll continue to offer Spectrum Internet Assist, our high-speed broadband program to eligible low-income households.

Organization: Spectrum

Contact: 1-855-243-8892

Address: 815 Erie Blvd E

Website: <https://www.spectrum.com/browse/content/spectrum-internet-assist.html>

National Grid Payment Assistance

In addition to suspending collections and service interruptions. National grid is also offering payment assistance for qualified customers.

Organization: National Grid

Contact: (315) 642-4272

Address: Multiple

Website: <https://www.nationalgridus.com/Upstate-NY-Business/covid-19>

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